

Loxton Lutheran School

NUT POLICY

Loxton Lutheran School has a duty of care to provide a safe work and play environment for all by catering for the unique health requirements of all members of its community.

Because we are aware that some of our students have an anaphylactic response to nuts or nut products the following policy has been put into place in order to minimize the risk to those people.

Loxton Lutheran School is a NUT FREE ZONE

At Loxton Lutheran School:-

- Nuts (tree nuts or peanuts) or foods containing nuts are not permitted and should not be sent to school.
- Processed or prepackaged foods which have nuts or nut products listed as all or part of their ingredients are not permitted and should not be sent to school.
- Foods which have been prepared/cooked using nut oils (eg peanut oil) are not permitted and should not to be sent to school.
- The school canteen will not stock and sell nuts, nut products, foods containing nuts in their ingredients, and foods prepared using nut products (eg oils, butters etc.)
- Nuts or nut products (including shells, cooking oils etc) will not be used in the school's lesson or play activities.
- Foods which contain the manufacturer's statement on their packaging: **"May Contain Traces of Nuts" - ARE permitted.**
- Many foods contain traces of nuts, therefore parents/caregivers will be encouraged to become familiar with reading labels.

Unacceptable foods (likely to contain nuts)

- Nuts: All varieties - tree nuts & peanuts
- Nut butters eg. peanut butter, hazelnut spreads ie. Nutella.
- Pre-prepared commercial foods containing nuts or nut ingredients such as - biscuits, muesli bars, nut chocolates and chocolate bars etc.)

Responsibility of the School

Loxton Lutheran School will:-

- Educate the school community –students/staff/parents about the seriousness of nut allergies and the need to be vigilant in this area.
- Make all staff (including relief teachers) aware of children in the school who are allergic to nuts and/or nut products.
- Train staff in the use of epi-pens as well as in the recognition and treatment of anaphylactic shock.
- Ensure each child allergic to nuts and or nut products has a documented medical plan (for school/excursions/camps).
- Strictly police the current nut policy and take action if inappropriate foods are repeatedly sent to school.

Responsibility of Parents

It is the responsibility of **all parents** to:-

- Make sure they do not send food to school which contravenes the stated nut policy.
- Carefully read food packaging labels to ensure only those foods permitted are provided for their child(ren) while at school.
- Support the school by reinforcing with their child(ren), the school's nut policy, and the reasons why it has been put into place.
- Make an appointment with the Principal to personally discuss any issues they have with this nut policy.

It is the responsibility of **parents of children with food allergies** to:-

- Inform the school if their child(ren) is/are allergic to any foods (in this case nuts or nut products) -preferably during pre-enrolment discussions or at enrolment, otherwise as soon as the condition is known.
- Provide any medical documentation of the problem.
- Meet with the Principal to discuss and agree upon appropriate procedures and actions related to the stated problem.
- Keep the school informed of any changes to the status of their child's stated allergy.

Date Ratified: ...27/07/2010.....

This policy will be reviewed in 2012